



Bonnyrigg Rose Football ClubNews.....News.....News

September 2019

'Best Community Football Club 2019'

Dear Parents/ Carers,

What an accolade for the club to receive this fantastic award and recognition.

We would like to take the opportunity to thank all our members and their families, carers and all the coaches and volunteers as without all the people who attend the club and support the club, this award would never have been achieved. The award recognises the work that the club is doing in our local community and for that to be acknowledged at National level is pretty special. The club has also been given a motion in parliament to support the good work that's going on.





Poltonhall Sports Complex – Update



As the club works towards taking over the site at Poltonhall from Midlothian Council we are looking at the option of taking on a short-term lease until the full transfer is completed. This will allow the club to benefit from revenue in the meantime.

We are the very proud owners of a 'TORO' lawnmower and pitch lining machine. For the last 6 weeks John Sime and Jim Wilson have been taking care of the maintenance of the grass pitches. 😊





Community Club Development

Suicide Prevention Week



The club was delighted to be asked by Health in Mind to be involved in the steering group for Suicide Prevention Week.

We had 7 teams enter the tournament. SFA team, Gold and Gray, Orchard Centre, 2009 coaches, Girls Coaches, Street Soccer and Kieran McGachie and Friends. It was a great afternoon. Gold and Gray lifted the Trophy

We were privileged to have Marion Hutchison come along and talk about the charity 'Tiny Changes' that her family have started in memory of her son Scott Hutchison, from the Scottish Rock Band, Frightened Rabbit.

Social Gathering

Our monthly event for older/citizens / isolated members of the community is up and running and growing each month It's a lovely night. A bit supper, bingo, music, new age curling. We deliver this partnership with the Orchard Centre and local volunteers. If you have anyone in your family, a neighbour that you think would enjoy a bit socialising, please encourage them to come along. Last Friday of the month, at the Sports Pavilion
7 pm – 9 pm



This evening for the benefit of our community is sponsored by our local

The Co-Op continue to support our Community Programme–Thank–you !

New - Website Development



The Clubs new website will go live at the beginning of October. If you would like any info added/ updated, please contact me direct –
trish@bonnyriggrose.org.uk

Online booking and payment for pitches etc will go live on the date of the takeover of the site from Midlothian Council. Date T.B.C.

Mental Health Update...

The Positive Mental Health Programme continues in 2019 / 2020

The club has secured funding to keep the Positive Mental Health sessions running for the next year. The sessions are open to everyone so please come along if you think the subject matter will be of interest. The Stress and Anxiety session is very much about day to day challenges and life. Everyone will get something out of this session. I can't recommend it enough.

Dates T.B.C

'Mums Walk Midlothian'

'Mums Walk Midlothian' is a lovely little group that's growing in numbers and confidence.

After a Monday morning walk, if you feel like it the group have coffee and a chat. A great way to meet people that can support and reassure those that are feeling anxious or unsure.

The group's activities and updates are available on their Facebook Page (Mums Walk Midlothian) This is a fantastic, enjoyable way to meet people and be reassured you aren't on your own ...

New - Men In Mind

In partnership and with professional support from the Orchard Centre (Health In Mind) , the club is supporting a weekly drop in session at the club for men to come along and talk , or listen and get support from people who can help if they are feeling anxious, pressurised, low mood or suicidal. The sessions will be every Tuesday at 7 pm - 9 pm. All confidential.

Details of the start date for this support group this will be socialised on the clubs/ health in minds social media sites..

Please - Volunteers required

The club has more and more going on each month. If you can spare an hour or two to come and help out with any of our community projects, please contact trish@bonnyriggrose.org. There's nothing too onerous, promise.

Pop up Café

KIC Dance are back with their aprons on ! The café will be open on Saturday mornings for breakfast rolls/ drinks etc. Thankyou to the KIC team for providing this service...

New - Youth Club ...

Working with Midlothian Council Staff, the club is going to support a Youth Club for our local teens. The Youth Club will be managed by Life Long Learning Staff from Midlothian Council. It will be on a Friday night at the Pavillion. Please keep an eye on our social media accounts for the start date for this group and the various activities on offer.

Funding

The club would like to thank Bonnyrigg and Sherwood Development Trust. Their funding grant will help the club continue to support our Positive Mental Health awareness campaign and will also help with out with our old folks/ social isolation ventures..



.. Football News..



‘Bonnyrigg Rose Athletic’ are going to be on the telly ! Let’s support the ‘Big Team’ by going to their match and cheering them on ..

When - Friday 18th October

Where - New Dundas Park

TIME - 7.05PM

Cost - £10.00. Concessions - U16’S
£5.00

Coaches Football Training Development

Well Done to Gareth Brown (2012 coach) who has recently been successful in passing the SFA’S Children’s Award 😊.

Coaches Needed

Have you thought about getting involved in the coaching the teams? Well now's the time to do it. The club very much relies on the goodwill of parents predominantly to coach the kids. Without the Dads/ Mums / carers etc volunteering, the club would struggle to function as it is. Most age groups need some extra help and additional coaches. We have lots of experienced people already at the club that would help and guide you through the role, please come forward if you're interested. ... Get in touch with Trish and she'll organise the initial steps. Trish@bonnyriggrose.org.uk – Mobile 07834456625.

Girls Section

The club is looking to work with the SFA in delivering a Claire Emslie Soccer Academy. We are delighted to have been asked to get involved in this project at the Club. If you are interested in supporting with coaching etc with this project, please contact James.wilson1892@outlook.com

Under 9 Girls

The new U9's girls' team is going gang busters! There's girls' season has got off to a great. We are still accepting players to join this age group and of any parents etc are interested in coaching, please contact Jim Wilson at James.wilson1892@outlook.com

Under 11 girls

The under 11 girls have taken a step up to play in the U13 league.

They have won their opening 3 games with impressive results. The squad is delighted to welcome a new goalkeeper, Isla Renwick to the squad. Also 5 of the girls have been successful in being selected for the Midlothian Academy Team. Very Well done to, Holli Burns, Lilly McDonald, Emily Haig, Eilidh MacDonald. Zoe Taylor.

The girls have lots of fundraising planned over the next while with a view to getting kitted out in new strips!

Girls U15'S

The girls are off to a good start in the season, currently second in their league with 5 games to.

The team is hosting a race night on 2nd November at the Masonic Hall in Bonnyrigg. If anyone would like to donate a raffle prize or buy tickets for what will be a great night please contact bonnyriggrosegirls2005@gmail.com.

BONNYRIGG ROSE FOOTBALL ACADEMY

If you are interested in getting your wee one into the club or on the waiting list to join, please visit the Bonnyrigg Rose website note your interest - bonnyriggrose.org.uk

A reminder for all that the club does have a 'Bursary Fund' and has a 'Multiple Members Discount Fund' if anyone would like to access either of these options. Get in touch with Trish@bonnyriggrose.org.uk

All fees should be paid into the account detailed below. Reference should be the members SFA which is given at the point of registration.

Bank Account Information:

Bank of Scotland, Sort Code: 80-22-60,

Account Number: 14822161

2010's update

The 2010's have a very exciting time ahead, given they have booked their first Tournament In May 2020. They are off to The Lake District 😊.

Lots of fundraising ahead to help pay for the event and it all starts this month with a sponsored walk from Penicuik to Poltonhall.. Good Luck!

2012's update

The 2012 kids are a busy bunch! They had a great time recently learning new skills when they attended Hearts, 5 week training programme # Play the Game.



The 2012's have signed up for the Halftime Heroes at Tynecastle on 14th December where all players will train for 90 min before the match, then flag bearing for the teams coming out before the match before providing the halftime entertainment playing 5s on the pitch. The kids will love it 😊. Please come along if you can.

The kids are taking part in a sponsored walk November from Penicuik to New Dundas Park. They will also be the Half Time entertainment for the Kelty V Hearts game.



Walking Football Team update

Lady Haig's Veterans Walking FC have gone from strength to strength since Bonnyrigg Rose FC gave the team a grant to get them started earlier on in the year. The team has certainly made an impact with the veterans community in which has had huge benefits on the veterans that take part with their health and wellbeing. The team trains on a weekly basis and is always on the lookout to play teams in a friendly.



Thanks for taking the time to read this Newsletter. If you have any feedback or queries, please contact Trish, trish@bonnyriggrose.org.uk

B.R.F.C